



**Point St. Charles  
Community Clinic**

Have you considered  
a midwife?

**THE POINT ST. CHARLES  
COMMUNITY CLINIC**

# Midwifery Services



## History and values

- 2010** The *Born in the Point (Naître à la Pointe)* collective is formed by neighbourhood women and families calling for the creation of a birthing centre and the deployment of midwifery services in Point St. Charles
- 2011** *Born in the Point's* project is endorsed by the Clinic's General Assembly
- 2016** A feasibility study is submitted to the Ministry of Health and Social Services (MSSS)
- 2017** The project is recognized by the MSSS
- 2019** The Clinic's Midwifery services begin

***It is up to women and their families to decide the conditions in which they will experience their pregnancies and give birth. Midwifery services adopt a global and feminist approach to health within a relationship of mutual trust.***

## Available services

- Comprehensive care from the beginning of pregnancy to 6 weeks postpartum for both mother and newborn
- Midwives offer and prescribe the necessary tests during care, such as ultrasounds, bloodwork and urine tests, genetic screening, Pap tests, etc.
- Group prenatal meetings
- Choice of home or hospital birth (once the birthing centre opens, this will offer a third option for giving birth)
- Post-natal home visits (days 1, 3 and 5)
- Breastfeeding support

***These services are free  
(covered by the RAMQ since 1994) !***



## Midwifery

Members of the *Quebec Order of Midwives (Ordre des sages-femmes du Québec)*, midwives are autonomous professionals on the front line of Quebec's public healthcare system.

They are responsible for comprehensive maternity follow-ups, with a global approach to relational continuity and care. The care they provide takes into account physical, psychological, emotional and social dimensions.

Midwives have a four-and-a-half-year university degree. They are trained in obstetric emergencies and advanced neonatal resuscitation. They take part in ongoing training courses with obstetric teams.

When a consultation or transfer of care is required during the pregnancy, childbirth or postnatal period, midwives work in collaboration with medical teams. They also work with local partners to ensure complementary services and continuity of care.

## Point St. Charles Community Clinic Midwifery Services

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