

info Clinique info

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Pointe-Saint-Charles Community Clinic

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More than a CLSC, it's citizens' control of health care!

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*Invitation to the
founding assembly of a service
users' committee for the Clinic*

*The Clinic:
a smoke free environment!*

Resources to quit smoking.

*Seasonal flu shot
without appointment*

USER RIGHTS AND QUALITY OF SERVICE: THE CLINIC TAKES THEM SERIOUSLY

INVITATION TO THE FOUNDING ASSEMBLY OF A SERVICE USERS' COMMITTEE FOR THE CLINIC

Hello dear Clinic Service Users,

Since it was founded in 1968, the Community Clinic has always upheld, time and again, everyone's right to universal, free, accessible and quality services, regardless of income. We have done so both locally in Point St. Charles and generally by defending the right to health in concert with social movements and communities in Quebec.

Historically, the Clinic has always had a committee concerned with the quality of our services and the rights of our users (previously, the Community Relations Committee, followed by the Members and Users Committee). However, these committees were formed by and responsible to the Board. According to a 2016 notice from the Conseil québécois de l'agrément (CQA), we can no longer work that way.



The Act Respecting Health Services and Social Services requires that we, like all health facilities in Quebec, create a **Service Users' Committee elected by a Users' Assembly, distinct from our annual general members' assembly.**

To conform to this legal obligation, we invite you to the founding assembly of a Clinic Users' Committee.

**THURSDAY, 30 NOVEMBER 2017, 7PM
500 ASH AVENUE (BASEMENT)**

All users of services at the Clinic can participate in this assembly; that is, every-one who has an active file at the Clinic.

For more information, contact Myreille Audet at
514 937 9251, ext. 7241

Proposed Agenda

0. Welcome
1. Election of a president of the external assembly and overview of the rules and guidelines for the assembly
2. Adoption of the agenda
3. Background
4. Adoption of the mandate of the Users' Committee
5. Election of the Committee
6. Adjournment of the Assembly

Welcome to a smoke free environment for a healthy world!

On 26 November 2015, legislation from the Ministère de la Santé et des Services sociaux (Ministry of Health and Social Services, MSSS) to control tobacco (Tobacco Control Act) was passed. The law aims to prevent youth from starting to smoke, protect the population from the dangers of being exposed to tobacco smoke in the environment, and incite those who smoke to stop.

Under this law, all health and social service institutions, schools, CEGEPs and universities are required, by 26 November 2017, to adopt policies creating a non-smoking environment and encouraging an end to smoking. In doing this, they must also take into account guidelines communicated by the MSSS in April 2016:

- Create entirely non-smoking environments both inside and outside;
- Promote non-smoking;
- Encourage staff and users to stop smoking.

What is new for us at the Clinic?

Respecting the non-smoking zone means that:

- It is prohibited to smoke or vape anywhere on Clinic premises, including the front and back yards. The law thus also applies to e-cigarettes.
- It is prohibited to smoke or vape outside the two sites of the Clinic within a 9-meter radius (covering all directions, north, south, east and west) of any door, window or air intake communicating with the inside.
- If the 9-meter radius goes further than the boundaries of the grounds of the institution, the smoking prohibition only applies up to the boundary (for example, sidewalk, public road, private property, etc.). However, for good citizenship, **even if you are on the sidewalk, please do not smoke in front of the doors and driveways.**

 **Pointe-Saint-Charles
Community Clinic**

Smoke free for a healthy world!





You are in a smoke-free environment.
It is strictly prohibited to smoke or vape on the
premises of our institution.

Thank you for your collaboration.

DO YOU WANT TO STOP SMOKING?

RESOURCES ARE AVAILABLE!



IN-PERSON SUPPORT



Pointe-Saint-Charles Community Clinic,
see a nurse or doctor: 514-937-9251



breakitoff.ca/

Everything you need to know about breaking up with smoking.



Quit Smoking Centres at CLSC de Verdun, CLSC de Ville-Émard-Côte-St-Paul, CLSC de Saint-Henri, one-on-one appointment or join a support group: 514 766-0546 ext. 54891



www.smat.ca/en

Text message service to help you quit smoking.

ONLINE SUPPORT



iquitnow.qc.ca

A new method recognised as being effective in helping you break free from cigarettes.

TELEPHONE SUPPORT

- **I quit now helpline:** 1-866-527-7383, Monday to Thursday: 8 A.M. to 9 P.M., Friday: 8 A.M. to 8 P.M.
- **Drugs: Help and Referral:** 514 527-2626, Available 24 hours a day and 7 days a week

SEASONAL FLU SHOT WITHOUT APPOINTEMENT

In the Community Clinic basement (wheelchair accessible).

It's free! For more information, visit our website: ccpsc.qc.ca/en/vaccination

Date	Time
Friday November 3	12:30 to 7:30 pm
Monday November 6	12:30 to 7:30 pm
Friday November 10	12:30 to 7:30 pm
Monday November 13	12:30 to 7:30 pm
Thursday November 16	4:30 to 7:30 pm
Monday November 20	4:30 to 7:30 pm
Monday December 4	4:30 to 7:30 pm
Monday December 11	4:30 to 7:30 pm
Thursday January 11	4:30 to 7:30 pm
Thursday January 25	4:30 to 7:30 pm

KEEP YOUR
DISTANCE FROM

THE FLU